20th Sunday after Pentecost / Tone 3 / St. Charitina of Amisus / Hieromartyr Dionysius, Bishop of Alexandria

At Lord, I Have Cried:

(Following is all the text for pages 29 and the top half of page 31. You do not need to flip between the sheet and the book)

Stichos: Bring my soul out of prison, that I may confess Thy name.

By Thy Cross, hast Thou destroyed might of death, / O Christ our Saviour, / And hast set at naught the deception of the devil./ And the human race saved by faith,/ Ever offereth a hymn unto Thee.

Stichos: The righteous shall wait patiently for me, until Thou shalt reward me.

All things have been illumined by Thy Resurrection, O Lord, / Paradise hath again been opened, / And all creation praising Thee./ Ever offereth a hymn unto Thee.

Stichos: Out of the depths have I cried unto Thee, O Lord, / O Lord, hear my voice.

I glorify the power of the Father and the Son, / And I hymn the authority of the Spirit, / The undivisible and uncreated Godhead,/ The consubstantial Trinity, / Who reigneth unto the ages of ages..

Stichos: Let Thine ears be attentive, / to the voice of my supplication.

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We worship Thy precious Cross, O Christ, / And we hymn and glorify Thy Resurrection, / For by Thy stripes have we all been healed.

Stichos: If Thou shouldest mark iniquities, O Lord, O Lord, who shall stand? / For with Thee there is forgiveness.

Having adorned thy soul with the beauty of virginity * and the blood of Martyrdom, * thou, O glorious Martyr Charitina, hast handed thyself over unto thy Creator * Who indeed for ever preserveth thee incorrupt; * wherefore, O all-praised one, thou hast been deemed worthy * to dwell together with the hosts of Angels and Archangels, * and with the choirs of Apostles, Prophets and Martyrs.

Stichos: For Thy name's sake have I patiently waited for Thee, O Lord; my soul hath patiently waited for Thy word, / My soul hath hoped in the Lord.

Tied to wheels of torture, * torn by ferocious beasts, * tortured both by fire and water, * thou didst sharpen thy mind with the Divine Spirit, * and by the gushing forth of thy blood manfully overcome the prince of darkness, * wherefore thou hast passed and dwelleth now in the spiritual palaces, * bringing thy Martyrdom as a precious dowry unto thy Bridegroom, O Martyr Charitina.

Stichos: From the morning watch until night, from the morning watch, / Let Israel hope in the Lord.

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Sanctified with the blood of Christ thy Bridegroom, * thou, O most praiseworthy one, * hast adorned the garment of thy flesh with thine own blood; * purifying both the inner and the outer man, * wherefore O most praiseworthy (name), * thou wast found worthy to dwell in Christ's effulgent palaces; * beseech Him that those who in faith celebrate thine all-honored memory * may be delivered from corruption and dangers.

Stichos: For with the Lord there is mercy, and with Him is plenteous redemption; / And He shall redeem Israel out of all his iniquities.

O Divinely-wise, and blessed Dionysius, / brightening thy sacred and divine vestments with the purple of thy blood, * thou didst ascend from strength to virtuous strength * and from glory to greater glory; * do thou now entreat the Lord * that peace and great mercy may be granted to our souls.

Stichos: O praise the Lord, all ye nations; / Praise Him all ye peoples.

As a truly lawful priest * thou didst first offer unto God the bloodless sacrifice, * then as a most true Martyr by the spilling of thy blood * thou didst offer thyself unto Christ as a whole-burnt and acceptable sacrifice, * O Godly-spoken and all-honored one * entreat Him on behalf of those who hymn thee.

Stichos: For He hath made His mercy to prevail over us, / And the truth of the Lord abideth forever.

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By thy precepts and teaching, * O holy Father, * thou hast brought unto Christ legions of Martyrs, * not only by instructing and teaching in word, * but by offering thyself as an example, O Divinely-wise one; * pray together with them * that peace and great mercy may be granted to our souls.

Glory … Both now …

Dogmatic Theotokion

How can we not marvel / At thy giving birth to the God-man, O all-honoured one,/ For without having accepted to know a man, O all-immaculate one. / Without a father thou gavest birth in the flesh to a Son, / Who was begotten without a mother before all ages, / Without His undergoing change, confusion, or division, / And yet preserved intact the character of both essences. / Wherefore, O Virgin Mother and Mistress, / Entreat Him, that the souls be saved/ Of them that in Orthodox manner confess thee to be the Theotokos.

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Aposticha

The Resurrection Aposticha, tone 3: O Christ, Who by Thy suffering didst darken the sun, / and with the light of Thy Resurrection hast illumined all things: / accept Thou our evening hymnody, O Thou Who lovest mankind.

Stichos: The Lord is King, He is clothed with majesty.

Thy life-receiving arising hath illumined the whole universe, O Lord, / And hath restored Thy corrupted creation./ Wherefore, we, loosed from the curse of Adam, cry out: / 'O Amighty Lord, glory be to Thee!'

Stichos: For He hath established the world which shall not be shaken.

Though Thou art God immutable,/ Yet suffering in the flesh Thou wast altered. / Creation, unable to bear sight of Him hanging on the Cross, / Fell prostrate in fear and groaned;/ And it hymneth Thy longsuffering; / Having descended into hades, / Thou didst arise on the third day, / Granting life and great mercy to the world. accept burial and rise on the third day,/ Glory be to Thee!

Stichos: Holiness becometh Thy house, O Lord, unto length of days.

Thou didst endure death, O Christ, / That Thou mightest deliver our race from death;/ Having risen from the dead on the third day / Thou didst raise with Thyself them that acknowledged Thee as God, / And Thou hast enlightened the world. / O Lord, glory be to Thee!

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Glory … both now ...

Theotokion Through the divine Spirit,/ By the will of the Father,/ Without seed thou didst conceive the Son of God,/ Who hath existed without mother from before the ages, / And for our sake thou gavest birth in the flesh unto Him, / Who came forth from thee without father. / And thou didst nurture Him on milk as a babe./ Wherefore, cease not to pray, that our souls be delivered from all tribulations.

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Troparion & Theotokian of the Day

Resurrectional troparion:

Let the heavens be glad; let earthly things rejoice; / for the Lord hath wrought might with His arm. / He hath trampled down death by death; / the first-born of the dead hath He become. / From the belly of hades hath He delivered us, / and hath granted to the world great mercy.

Glory …

Your lamb Charitina, calls out to You, O Jesus, in a loud voice: “I love You, my Bridegroom, and in seeking You, I endure suffering. In baptism I was crucified so that I might reign in You, and I died so that I might live with You. Accept me as a pure sacrifice, for I have offered myself in love.” Through her prayers save our souls, since You are merciful.

By sharing in the ways of the Apostles, / you became a successor to their throne. / Through the practice of virtue, you found the way to divine contemplation, O inspired one of God; / by teaching the word of truth without error, you defended the Faith, / even to the shedding of your blood. / Hieromartyr Dionysius, entreat Christ God to save our souls

both now ...

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Theotokion, same tone: We hymn thee who hast mediated the salvation of our race, / O Virgin Theotokos; / For thy Son and our God, / Accepting suffering on the Cross in the flesh He had received of thee, / Hath delivered us from corruption, in that He is the Lover of mankind.