18th Sunday After Pentecost / Tone 1/ The Apodosis of the Exaltation of the Holy Cross

At Lord, I Have Cried:

(Following is all the text for pages 29 and the top half of page 31. You do not need to flip between the sheet and the book)

Stichos: Bring my soul out of prison, that I may confess Thy name.

Accept Thou our evening prayers, / O Holy Lord, / And grant us remission of sins; / As Thou alone art He / Who hath shown forth the Resurrection in the world. Stichos: Out of the depths have I cried unto Thee, O Lord, / O Lord, hear my voice.

Stichos: The righteous shall wait patiently for me, until Thou shalt reward me.

Encircle Sion and embrace it, O ye people,/ And therein give glory to Him who hath risen from the dead; / For He is our God, Who hath delivered us / From our iniquities

Stichos: Out of the depths have I cried unto Thee, O Lord, / O Lord, hear my voice.

Come, ye people, let us hymn and worship Christ, / Glorifying His Resurrection from the dead/ For He is our God, Who hath delivered the world / From the deception of the enemy.

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Stichos: Let Thine ears be attentive, / to the voice of my supplication.

Make merry, O ye heavens! / Trumpet forth, ye foundations of the earth!/ Cry aloud in gladness, O ye mountains! / For, lo! Emmanuel hath nailed our sins to the Cross; / He hath slain death, granting us life, / Having raised up Adam, // In that He loveth mankind.

Stichos: If Thou shouldest mark iniquities, O Lord, O Lord, who shall stand? / For with Thee there is forgiveness.

Raised on high, the Cross exhorteth all creation / to hymn the all-pure Passion of Him that was lifted up thereon. / For thereon having slain him that slew us, in that He is merciful, / He gave life unto the dead, / and in the exceeding greatness of His goodness He hath made them beautiful / and vouchsafed them to live in the heavens. / Wherefore, rejoicing, we exalt His name, // and magnify His extreme condescension.

Stichos: For Thy name's sake have I patiently waited for Thee, O Lord; my soul hath patiently waited for Thy word, / My soul hath hoped in the Lord.

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Stichos: From the morning watch until night, from the morning watch, / Let Israel hope in the Lord.

Moses prefigured Thee, / stretching forth his arms on high, / and vanquished the tyrant Amalek, O precious Cross, / boast of the faithful, confirmation of sufferers, / savior of all the venerable. / Wherefore, creation, beholding thee lifted up, is gladdened, / and keepeth festival, glorifying Christ, / Who through thee hath gathered the dispersed in His extreme goodness.

Stichos: For with the Lord there is mercy, and with Him is plenteous redemption; / And He shall redeem Israel out of all his iniquities.

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Stichos: O praise the Lord, all ye nations; / Praise Him all ye peoples.

O most precious Cross, / who art today exalted, / and about whom the ranks of angels stand in gladness, / by divine command thou dost uplift all / who for the stealing of the fruit were driven out and were sunk in death. / Wherefore, we, the faithful, venerating thee with hearts and lips, / derive from thee sanctification, crying out: / Exalt ye Christ, the all-good God, // and worship His divine footstool.

Stichos: For He hath made His mercy to prevail over us, / And the truth of the Lord abideth forever.

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Glory …Tone 2:

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Tone 2: Come, all ye nations, let us worship the blessed Tree / whereby everlasting righteousness hath come to be; / for he who by the tree deceived our forefather Adam, / is himself deceived by the Cross, / and he who by tyranny holdeth fast the royal house, / falleth, cast down by a strange fall. / By the Blood of God the venom of the serpent is washed away, / and the curse of the just condemnation was lifted by the Righteous One / when He was condemned by an unjust sentence; / for it was fitting that the tree be healed by a Tree, / and that, by the sufferings of the Dispassionate One on the Tree, / the sufferings of the condemned be loosed. / Glory, O Christ our King, to Thy wise dispensation toward us, / whereby Thou hast saved all, // in that Thou art good and lovest mankind.

Both now … Tone 1:

Dogmatic Theotokion, Tone 1:

Let us hymn the Virgin Mary, / The glory of the whole world, / Who sprang forth from men and gavest birth unto the Master, / The portal of heaven, / And the subject of the hymnody of the incorporeal hosts, / And the adornment of the faithful; / For she hath been shown be heaven and the temple of the Godhead. / Having destroying the middle-wall of enmity, / She hath brought forth peace and opened wide the kingdom. / Therefore, having her as the confirmation of our faith, / We have as champion the Lord born of her./ Be of good courage! / Be of good courage, O people of God! / For He vanquisheth the foe, in that He is almighty!

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Aposticha

Aposticha: Octoechos; G/N: Feast (To Thy precious Cross).

The Resurrection Aposticha, tone 1: By Thy Passion have we been freed from passions, O Christ, / And by Thy Resurrection have we been delivered from corruption. / O Lord, glory be to thee.

Stichos: The Lord is King, He is clothed with majesty.

Let creation rejoice! Let the heavens make merry! / Let the nations clap their hands with gladness!/ For Christ our Saviour hath nailed our sins to the Cross / Having slain death, He hath given life, / Having raised up Adam, the common ancestor of all,/ In that He loveth mankind.

Stichos: For He hath established the world which

shall not be shaken.

As King of heaven and earth, O Unapproachable one, / Thou wast of thine own will crucified in Thy love for mankind; / Hades, encountering Him below, was filled with bitterness, / And the souls of the righteous, receiving Him rejoiced, / And Adam, beholding Thee, his Fashioner, in the nethermost parts, arose. / O the wonder! / How is it that the Life of all hath tasted death?/ Yet Thou didstdesire to enlighten the world which crieth aloud and saith: / O Lord, Who hast risen from the dead, glory be to Thee!'

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Stichos: Holiness becometh Thy house, O Lord, unto length of days.

The myrrh-bearing women, / Arrived at Thy tomb with haste and lamentation, bearing myrrh; / And failing to find Thine all-pure body, / Yet learning from the angel of the new and all- glorious wonder, / They said to the apostles: / The Lord is risen, / Granting the world great mercy!

Glory ..., both now ... Tone 8:

Tone 8: To Thy precious Cross, O Christ God, / which Moses prefigured in himself of old / when he cast down and vanquished Amalek, / and of which David the psalmist commanded, saying:/ "Worship the footstool of His feet", / do we sinners now offer homage today with unworthy lips / and chanting, we entreat Thee Who wast well pleased to be nailed thereto: // O Lord, vouchsafe unto us a place with the thief in Thy kingdom!

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Troparion & Theotokian of the Day

Resurrectional troparion: Tone 1:

When the stone had been sealed by the Jews, / And the soldiers were guarding Thine immaculate Body, / Thou didst arise on the third day, O Savior,/ granting life unto the world. / Wherefore, the Hosts of the Heavens cried out to Thee, O Life-giver: / Glory to Thy Resurrection, O Christ. /. Glory to Thy kingdom. / Glory to Thy dispensation, O only Lover of mankind.(2)

Glory ..., both now ...

Troparion of the feast: Tone 1: O Lord, save Thy people / and bless Thine inheritance. / Grant Thou victory unto Orthodox Christians / over their enemies, / and by the power of Thy Cross // do Thou preserve Thy commonwealth.